

# Emergency + First Aid Course



**Gain a  
Level 3  
Award**



**Victoria Shopping Centre  
324-325 Chartwell Square  
Southend-on-Sea  
Essex SS2 5SP**



## **Who is the course for?**

Anyone who wishes to learn how to deal with basic first aid emergencies.



**Wednesday 27<sup>th</sup> November 2019  
9:30am – 4:30pm**



## **About the course**

Subjects covered include:

- Roles and responsibilities of a first aider and how to assess an incident
- First aid skills for cardio pulmonary resuscitation (CPR) and the correct use of an automated external defibrillator (AED)
- How to provide first aid to a casualty who is choking, suffering from hypovolemic shock or who has an external bleed
- Dealing with minor injuries such as cuts, grazes, bruises and small splinters
- How to deal with burns and scalds
- Teamwork for emergency situations



To book a place on this course please contact **Natasha Rochester** on **07583 088317** or email **CSRbox@morgansindall.com**